

Basic Athletic Training

Course Pack A

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User's Guide

CHAPTER OPENING ELEMENTS

Each chapter begins with the following elements, which will help you get off to the right start.

CHAPTER

3

Protective Equipment

Outcomes

These are the learning objectives that you need to meet after reading the chapter content. (Here's a tip: Read them again after finishing the chapter as a self-test.)

STUDENT OUTCOMES

1. Describe the forces that produce focal and diffuse injuries.
2. State the principles used to design protective equipment.
3. Identify the different types of soft and hard materials used to make protective pads.
4. Explain the athletic trainer's legal duty of care in selecting and fitting protective equipment.
5. List the agencies responsible for establishing material standards for protective devices.
6. Identify the information that should be documented to support an organization's legal duty to provide safe equipment.
7. Demonstrate proper selection and fitting of selected equipment (e.g., football helmets, mouth guards, and shoulder pads).
8. Identify and describe common protective equipment for the head and face, the torso, and the upper and lower body.

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SPECIAL FEATURES

The new and unique aspects of this edition are shown and explained here so that you can make the most out of them.

ADDITIONAL LEARNING AND TEACHING RESOURCES

This textbook features a power companion Web site:
<http://thePoint.lww.com/AndersonFound6e>



The screenshot shows the homepage of thePoint. At the top, there are navigation links for 'Add a New Title' and 'RepLocator' on the left, and a 'Search' bar with a magnifying glass icon on the right. The 'thePoint' logo is prominently displayed in the top left. On the right, there is a 'Wolters Kluwer' logo with a globe icon. Below the logo are two buttons: 'NEW USER' in green and 'RETURN USER' in blue. The main content area features three colored boxes: blue for 'Enter thePoint for Students' (showing two healthcare professionals looking at a tablet), green for 'Enter thePoint for Faculty' (showing a female student interacting with a teacher), and red for 'Enter thePoint for Academic Executives' (showing two professionals in a discussion). Below these boxes is a green banner with the text 'Inspired Learning for Life.' and a descriptive paragraph about the educational materials provided for healthcare professionals.

When it comes to providing students and teachers in nursing, medicine, and the health professions with the educational materials they need, our philosophy is simple: *learning never ends*. Everything we offer helps students bridge the gap between the classroom and clinical practice, while supporting health care professionals in their jobs.

Student Resource Center

- Clinically oriented anatomy images
- Drag-and-drop image labeling
- Audio glossary
- Chapter quizzes
- Electronic flash cards
- Web Links for supplemental information
- Additional reference material, such as boxes, tables, field strategies, and sample forms to support chapters

- **PLUS:** Video clips from *Acland's DVD Atlas of Human Anatomy*

Instructor's Resource Center

- Instructor's manual with testing strategies, lecture notes, worksheets, answers, and handouts
- Test generator
- Image collection
- PowerPoint presentations
- BOC Correlation Chart
- Web Links for supplemental information